



Daily Recorder Exercises

by Peter Billam


for Recorder in F

© Peter J Billam, 1995

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Daily Recorder Exercises

The first two pages of these exercises date from 1995, when I was a tutor in the *Recorder '95* festival in Melbourne. Why should recorder players practice in remote keys like F# major ? Because in almost every piece in B minor, and hence even in D major, there is some passage in the dominant, in this case F# major, and unless the player has practised in this key, that passage is always the one which spoils the whole movement.

The third page, of minor arpeggios, was added recently because I noticed that while sight-reading I was playing the major arpeggios with greater fluency than minor ones.

Systematic technical exercises such as these are less used by recorder players than other instrumentalists, but they are very effective in generating a maximum of fluency from a minimum of playing time. They should be used regularly every day; ten minutes a day is far superior to one hour per week.

The goal when practising should be to let each note sing strongly and sweetly right from its very first moment to its very last, and then to change cleanly into the next note, with the tongue and all the fingers moving simultaneously so that no ugly scrunching sounds mar the transition. As the transitions become flawless, the sweet singing line will begin to join up from note to note, and develops into a large thing which has its own identity and beauty.

These exercises should also be of value to other woodwind instruments such as flute, oboe, clarinet or saxophone.

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The image contains ten staves of musical notation, each with four measures. The exercises are as follows:

- Staff 1: F major, eighth notes, quarter notes.
- Staff 2: G major, eighth notes, quarter notes.
- Staff 3: Bb major, eighth notes, quarter notes.
- Staff 4: D major, eighth notes, quarter notes.
- Staff 5: Bb major, eighth notes, quarter notes.
- Staff 6: D major, eighth notes, quarter notes.
- Staff 7: Bb major, eighth notes, quarter notes.
- Staff 8: D major, eighth notes, quarter notes.
- Staff 9: Bb major, eighth notes, quarter notes.
- Staff 10: F major, eighth notes, quarter notes.

- * Ten minutes (or more, of course) per day
- * Legato, tongued, and double- (or triple-) tongued
- * Clean. The tongue and all the fingers must all move at the same instant
- * Beautiful. Every note must sing sweetly from start to finish.

The image displays a musical score for recorder in F, titled "Major Arpeggios" by Peter Billam. The score is organized into 14 horizontal staves, each containing four measures of music. The notes are arranged in groups of four, representing major arpeggios. The accidentals (sharps and flats) vary across the staves, indicating different major keys. The notation is in treble clef and includes a final fermata on the last note of each measure.

The image displays 14 staves of musical notation for a recorder in the key of F major. Each staff contains a sequence of four measures of arpeggiated patterns. The patterns are organized into pairs of staves, with the first staff of each pair in F major and the second staff in a related key (D minor, C major, Bb major, Ab major, G major, E minor, D minor, C major, Bb major, Ab major, G major, E minor). The notation includes various accidentals (sharps, flats, naturals) and rests, indicating the specific notes and timing for each arpeggio. The patterns are designed to be played in a consistent rhythmic sequence across all staves.

Peter Billam was born in London in 1948, studied piano, and lived in Switzerland from 1973 to 1983, where he studied composition, classical guitar, flute and voice, worked as Musical Director of the *Théâtre Populaire Romand*, and as recording engineer, record producer and computer programmer. He moved to Tasmania in 1983, and lectured in composition at the Conservatorium. He founded www.pjb.com.au, becoming the first composer to sell scores on-line, taking scores from Composer to Performer in one immediate step. *Wwww.pjb.com.au* offers a new approach to music publishing. These pieces are **written to be read, made to be played !**

Compositions at www.pjb.com.au include: *Five Short Pieces*, guitar, 1979; *Divisions on an Italian Ground*, flute and guitar, 1980; *De Profundis* and *Nacht*, on poems by Lama Anagarika Govinda, voice and piano, 1980; *Fünf Bagatellen*, piano, 1980; *Five Rounds*, choir, 1986; *Go Forth and Multiply*, choir, 1986; *Three Violin Duets*, 1987; *Fable*, for piano, 1987; *To Erich Jantsch*, SAATTB recorders, 1988; *A Suite of Curves*, trombone (or horn) and piano, 1990; *Two Recorder Duets*, alto recorders, or other melody instruments, 1991; *Trombone Quintet*, trombone, flute, piano, bass, and percussion, 1994; *Three Songs*, on poems by Jack Kerouac, Vikram Seth and Dylan Thomas, voice and piano (only the first and third of these are available), 1994; *Piano Study*, piano, 1994; *Four Dances*, various ensembles including recorder quartet, string quartet, 1995; *The Poet in the Clouds*, on a poem by S. T. Coleridge, SATB choir, 1995; *Tres Casidas del Diván del Tamarit*, on poems by Federico García Lorca, voice and piano, 1997; *Three Suites*, for the solo line, piano, and piano and a solo line, 2000; *Die Zeiten*, on poems by Kästner, Bachman and Jünger, choir (only the second and third of these are available), 2000; *Three Duets* for flutes, 2001; *For Four Hands* for piano four hands, 2002; *Three Preludes* for piano, 2003; *Second Solo Suite* for flute, violin, viola or cello, 2003; *Guitar Duet* for two guitars, 2006; *We Who Mourn* for choir, 2007; *Trio With Guitar* for guitar and two clarinets or two recorders or two violas, 2008; *Canons* for two- and four-hand piano, 2009; *Flute Trio*, 2012; *Twenty Studies* for piano, 2013-14; *Music for Strings* and *Two Encores for Strings* for 2vln, 2vla, 2vlc, 2015; *Album for Choir*, 2015.

Arrangements include: By J. S. Bach: *Trio BWV 655*, piano and flute; *Vor deinen Thron BWV 668*, piano; *Fugue in F minor BWV 689*, SATB recorders; *Four Duets BWV 802-5*, keyboard; *Six Preludes and Fugues* from Book I, keyboard; *Flute Sonata BWV 1031* transposed into G major for alto recorder and keyboard; *Flute Sonata BWV 1032* completed by Peter Billam for flute and keyboard, also in C major for alto recorder, and in G major for descant; *Ricercare a 3*, from the *Musikalisches Opfer* for keyboard; *Ricercare a 6*, for sSATBG recorders, or strings, or two keyboards; and *Fuga Canonica in Epidiapente*; from the *Art of Fugue: Contrapuncti 1, 4 and 9* for keyboard, and *Contrapunctus 14* as completed by D. F. Tovey, for keyboard, or for SATB recorders, or for strings; *Passacaglia and Fugue in c* for piano four hands; *Chorales with Descant* for melody instrument and piano; *Cello Suites I, II and III* for flute or alto recorder, *Forty Chorales* for piano, *Der Geist hilft* for SATB-SATB recorders. By Brahms: *Fugue in Ab minor for organ*, for SATB recorders and gamba, in A minor; *Choralvorspiele for organ* plus settings by Isaac, Bach, Praetorius, recorders. *John Carr*, *Divisions on an Italian Ground*, flute or recorder and guitar. Franz Liszt, *Late piano pieces*, G.F. Händel: *Concerto Grosso in A minor* op 6 no 4, harpsichord and recorders; *Recorder Sonata in Bb* no 5, in G for tenor recorder and keyboard. Claudio Monteverdi, *Ecco Mormorar l'Onde*, SSATB recorders. Arnold Schoenberg: *Verklärte Nacht* for piano. Franz Schubert: *Four Songs*, voice and guitar; *Dances*, recorders and guitar, *Dances*, piano 4 hands. Scriabin, *Two Preludes op.67*; *Five Preludes op.74*, piano. Telemann, *Twelve Flute Fantasias*, recorder. Wilbye, *Draw on sweet Night*, SSATTB recorders, and for flute choir. *Twelve Italian Songs*, voice and guitar; *Seven English Songs*, voice and guitar; *Fourteen Folk Dance Tunes*, recorder and guitar; *Bushband Dances*, violin, accordeon and banjo; *Easy Classical Pieces*, Bb trumpet and piano; *Famous Beginnings*, for piano.

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